



## Standard Program Guidelines

ELIGIBILITY	
Available to plan	Coverage is primary for the plan participant.
participants when:	Procedure is a covered service through the plan.
	Service is approved by the plan and by BridgeHealth.
	<ul> <li>Plan participant has a travel companion who is at least 18 years of age and has a valid driver's license.</li> </ul>
TRAVEL	
Airfare	Round-trip coach tickets are provided for both the plan participant and one companion, unless otherwise indicated by the plan.
	All airfare tickets must be booked by BridgeHealth.
	Mileage will be provided instead of airfare when appropriate, and when overall driving costs are less than that of airfare.
Lodging	One room will be provided for the plan participant and companion during their stay.
	• If an additional room is requested, this must be paid by the plan participant or the companion and is not the responsibility of BridgeHealth or the plan.
/	• If the plan participant and companion choose to arrive earlier or stay longer than is deemed medically necessary by the provider, the plan participant and companion will be responsible for the extra expense.
	Hotel must be booked by BridgeHealth.
<b>MEALS AND IN</b>	CIDENTALS
Per diem allowance	• An allowance will be paid to the plan participant for the length of the episode of care, to be used for items such as meals, transportation, tips, baggage fees and other expenses that the participant and companion may incur while traveling.
	• The standard allowance amount calculated for the first 14 days is \$50 per person per day, unless otherwise instructed by the plan.
	• For stays of 15 days or more, the allowance will be limited to \$125 per person per week, and will be prorated based on the length of stay.
	Any required inpatient days are deducted from the patient's final calculation for the allowance.
EPISODE OF C	ARE
Defined as:	The period of time from when the plan participant arrives at the surgical destination (not including any personal time) to when the participant is released by his or her medical provider to return home.
Includes:	Everything during and related to the episode of care, including including all preoperative and postoperative surgeon appointments, facility fees, surgeon and surgical staff fees, anesthesia, and inpatient services as it relates to the planned surgery.
Does not include*:	Any lab work, imaging, physical therapy, medical clearance exam or other services needed prior to traveling for the episode of care.
	Any follow-up care or physical therapy to be done when the plan participant returns home.
	Any prescription written by the BridgeHealth provider or any other provider involved in the participant's care.
	Any durable medical equipment.
	Any testing or medical care not related to the approved scheduled procedure.

<sup>\*</sup>Medical expenses related to surgical procedure that occur outside of the episode of care are covered by your medical plan and subject to the plan guidelines.